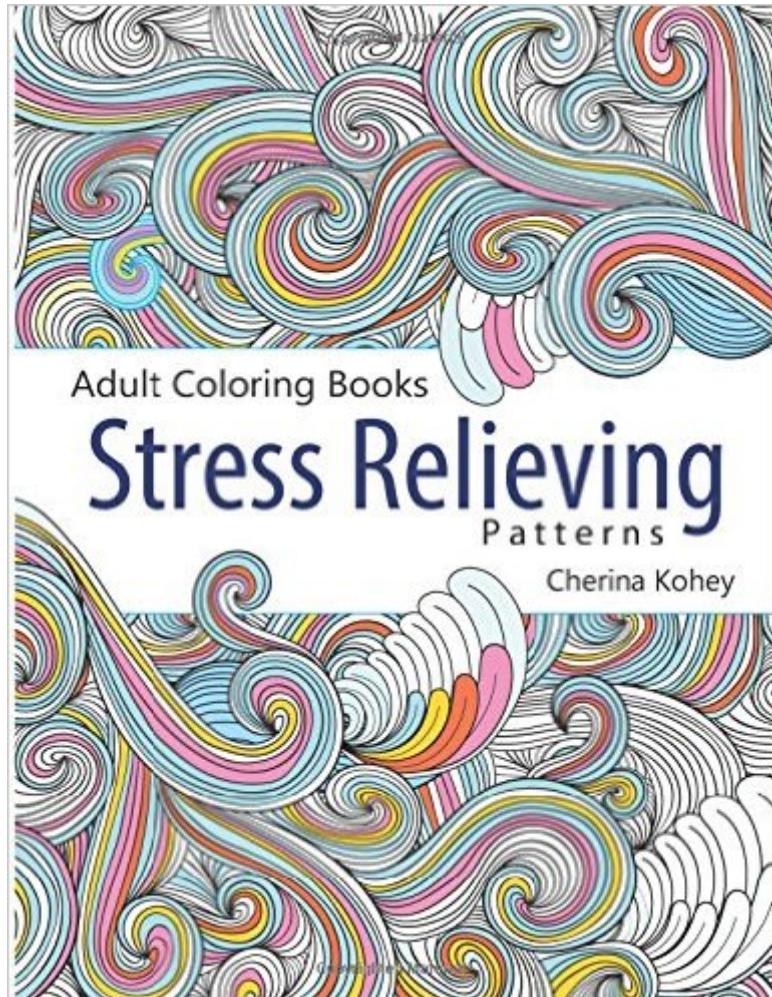


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# Adult Coloring Book: Stress Relieving Patterns (Volume 5)



## **Synopsis**

Our lives become busier with each passing day, and as technology escalates, so does our access to work, obligations, and stress .Coloring time is calming time. Let's join millions of adults all around the world who are rediscovering the simple relaxation and joy of coloring!. We provide 32 creative fun lovingly detailed patterns range in complexity from beginner to expert-level. This book is suitable for your relax and stress relieve time and also suitable for the best gift to the one who love too. Please enjoy!!

## **Book Information**

Series: Adult Coloring Book

Paperback: 66 pages

Publisher: CreateSpace Independent Publishing Platform; Clr edition (August 3, 2015)

Language: English

ISBN-10: 151533189X

ISBN-13: 978-1515331896

Product Dimensions: 8.5 x 0.2 x 11 inches

Shipping Weight: 8 ounces (View shipping rates and policies)

Average Customer Review: 4.2 out of 5 starsÂ See all reviewsÂ (20 customer reviews)

Best Sellers Rank: #70,808 in Books (See Top 100 in Books) #54 in Books > Arts & Photography > Graphic Design > Commercial > Illustration #698 in Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups #1720 in Books > Crafts, Hobbies & Home > Crafts & Hobbies

## **Customer Reviews**

I cannot get enough of this new adult coloring thing! The patterns in this book are wonderful. I've been using colored pencils, so I can't say anything regarding the ability of the paper to avoid markers bleeding through...but so far I love everything about it and find the whole experience to be very relaxing.I would (and have) highly recommended adult coloring and this book specifically to several friends.My only wish would be for the pages to be well perforated so that they could be easily removed from the book...it would make it much easier for those of us who are left handed to color if we could just pull the pages out and color without the binding getting in our way.

The patterns are basic and make it a bit boring compared to other books I have.

Love, love love these, great to do before bed and helps every day stress...

this book didn't really seem to help me relieve any stress so i replace it with a new book and realized that the designs in this book are not very stress relieving it have me more anxiety than anything.

Bought as a gift for my mom. Nice patterns and a fabulous price!

Great stress reliever for my college-daughter.

An excellent addition to my deck.

I found the only thing this coloring book gave me was stress. The designs and the broad use of heavy black lines are uncomfortable to color with they make colors seem less bright. My grandchildren don't even like this book and they are only 7 and 9. The triples never agree on anything and all three disliked this book and wouldn't even use it, now that's bad. I can't think of one good thing to say about it. The other books, Calm and Happy are great but not stress unless someone is looking for more stress.

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Mandala Adult Coloring Book Stress Relieving Patterns Relaxation: coloring book for Adult and grown ups,Anti-Stress Art Therapy,Stress Relieving Flower Patterns Creative Oceans Coloring Book: Adult Coloring Book of Stress Relief Sea Animal Patterns and Designs (Ocean Coloring Book, Lost Ocean, Stress Relief Coloring Book, Anti Stress Coloring Book) (Volume 1) Coloring Book for Adults & Grown Ups: An Easy & Quick Guide to Mastering Coloring for Stress Relieving Relaxation & Health Today! (The Stress Relieving Adult Coloring Pages) Simple Flower and Vine Designs: Easy Designs and Stress Relieving Patterns Adult Coloring Book (Adult Coloring Patterns) (Volume 53) Verses for Men: Color The Bible: Adult Coloring Books Stress Relieving Patterns & Mens Coloring Books Best Sellers Coloring Books & Adult Coloring ... Sets Animals Flowers Creativity Tranquility) Dinosaur Adult Coloring Book: Dinosaur Coloring Book, a Adult Coloring Book containing Dinosaur images filled with beautiful and stress relieving patterns Rock Skull Adult Coloring Books : Stress Relieving Patterns: Day of the Dead,Dia De Los Muertos Coloring Pages,Sugar Skull Art Coloring Books,coloring ... (Tattoo Day of The Dead Skull) (Volume 2) The Craft of Coloring: 60 Geometric Patterns & Designs: An Adult Coloring Book (Relaxing And Stress Relieving Adult Coloring Books) Teacher Life: A Snarky Chalkboard Coloring Book: A Unique Black

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